

GC-4 PE Teachers Awarded \$26,500 In PE4Life Grants

Grandview C-4 Schools were awarded PE4Life grants totaling \$26,500 in early November. The total included grant awards to Grandview High School, Grandview Middle School, CAIR and Belvidere, Butcher-Greene, Conn-West, Martin City and Meadowmere Elementary Schools. Each school's Physical Education teacher will be using their award to purchase equipment aligned with their grant application. All GC-4 schools have implemented the PE4Life Physical Education and Health Program to enhance the student physical education experience.

PE4life is a regionally-focused non-profit organization with national reach and is dedicated to developing a country of active and healthy children and youth by increasing access to quality physical education. PE4life partners with community, business, and school leaders to facilitate systemic change in the perception and delivery of physical education with the desire to improve the health and wellness of children through quality physical education. **GC-4 PE4Life grant recipients/awards were as follows:**

Dana Bedwell (Grandview High School PE Instructor): \$4000

GHS is purchasing Heart Rate Monitors and supplemental fitness equipment for all physical education students to use. The heart rate monitors will allow teachers to hold students accountable for maintaining a working heart rate above 170 beats per minute. Using this technology will also allow students to self-monitor their personal fitness. The supplemental fitness equipment supports the movement of the department to incorporate more lifetime fitness activities.

Kyla Serrano and David Devaney (Grandview Middle School PE/Health Instructors): \$4000

GMS is developing a fitness room for the students that will include a treadmill, elliptical, universal weight machine, X-box Kinect, and Nintendo Wii. The exercise equipment will utilize individual assessment, incorporate current technology, offer a variety of fitness activities, and provide a safe and encouraging learning environment. The game systems will help integrate technology and individual assessment and offer a variety of fitness, sport, leisure, and adventure activities.

Sarah Skoropat (Martin City Elementary PE Instructor): \$4000

Martin City will purchase pedometers for all grade levels, Polar activity monitors for grades 3-5, an iPod speaker system, push up mat, skeletal muscle puzzle and a variety of other supplemental materials. Student data will be analyzed for use in class projects. Activity monitor data will also be charted and evaluated by the students.

Becky Harris (Meadowmere Elementary PE Instructor): \$4000

Meadowmere is purchasing an iPad 2, high definition projector, Xbox 360 Kinect, wireless sound system, and a full class set of tennis equipment. This equipment will enhance student participation in more vigorous activity with high levels of engagement. Based upon the PE4Life Core Principles, a variety of fitness, sport, leisure, and adventure activities will be directed to all students while assessment data and current technology is incorporated into the curriculum.

Cheryl Boles (Butcher-Greene Elementary PE Instructor): \$4000

Butcher-Greene purchases will include an Xbox 360 Kinect game system, laptop computer, projector, Front Row to Go amplification system and iPod Nano. These items will be integrated into K-5 PE lessons to increase students fitness levels. New equipment will also be used in an after school fitness pilot program (4th and 5th grade) and in the annual Family Fitness Night.

John DeWitt (Belvidere Elementary PE Instructor): \$2000

Belvidere will purchase a tennis set, Basketball Skillastics, soccer Skillastics, fitness Skillastics, and halfpint Skillastics. This equipment will keep students active and engaged in Physical Education. Other purchases will include Action Academic content cards, nutritional cards and fitness books. All of the purchases align with the district curriculum, whether it's academically, physically, or emotionally.

Tim Sterk (Conn-West Elementary PE Instructor): \$3000

The Conn-West grant will be used to enhance cross-curricular learning by integrating fitness with math and communication arts skills. Items to be purchased will include Skillastics, SPARK curriculum and Pulse Sticks to improve student cardiovascular fitness levels and to accurately measure a student's heart rate to determine how much effort it takes to raise the pulse in order to improve fitness levels.

CAIR: \$1500

CAIR will purchase items that are supported by the districts physical education curriculum and that will assist students in becoming more physically fit. Items chosen will incorporate more non-competitive and life-time fitness activities for the students.