

New A to Z Salad Bar Offered GC-4 Schools

Belvidere and Butcher-Greene Elementary School students recently received the opportunity to learn about a variety of delicious fruits and vegetables as part of a school lunch program called “A to Z Salad Bar.” Sponsored by Sodexo, the school’s foodservice provider, and a number of produce trade organizations, the fun and educational program is designed to explain the many benefits of eating fruits and vegetables, while introducing children to some new varieties of produce.

Students at both schools experienced a jumbo self-service salad bar containing fruits and vegetables that begin with each letter of the alphabet. Belvidere students received the opportunity to try the food items on November 10-11; Butcher-Greene students tried them on November 14-15. On each day, students were encouraged to sample a variety of healthy foods and to include more fruits and vegetables in meals and snacks. Sodexo distributed fun activity sheets to students focusing on featured produce and informational flyers to take home and share with their family. Students also received a surprise visit from **Lift-Off** (the Sodexo mascot) and additional prizes and rewards.

Sodexo will continue to distribute special activity sheets loaded with fun games and information to students and educational materials on fruits, vegetables and nutrition to parents throughout the school year. For more information on “A to Z Salad Bar” and other school foodservice events, please contact Lisa Casper, Grandview C-4 Nutrition Services Director, at (816) 316-5204 or lisa.casper@csd4.k12.mo.us.

